

menopause at some point in her life, not all of them will experience it the same way. According to the North American Menopause Society, as a woman transitions into menopause, lower estrogen levels not only cause hot flashes but have several other effects on the body such as vaginal dryness, which can undermine sexual motivation and drive.

In fact, according to a 2015 Toluna Quick Survey Study of 1,000 post-menopausal women, 75 percent suffer from vaginal dryness to some extent, and 90 percent who responded they suffer from vaginal dryness to a moderate-large extent said the dryness negatively affects their